

COMMUNITY NEWS



November 8, 2019

Caring for Community at Christmas

Registration



Funded by community donations and
offered to low income residents
living in School District 69.

To take part in this program, please **register in person** at:
SOS Community Services Centre 245 West Hirst Avenue, **Parksville**
Starting November 13, 2019. Monday - Friday, 9:30 am - 3:30 pm.
Evening registrations are available by appointment.

Registrations will also be accepted at these outreach locations:
SOS Community Services Centre 744 Primrose St. **Qualicum Beach**
Wednesdays Nov. 13 - Dec. 4, 2 - 4 pm. **Fridays** Nov. 15 - Dec. 6, 9:30 - 11:30 am.

Wildwood Community Church 113 McColl Rd. **Bowser**
Thursdays: Nov. 7, 10 am - 12 pm. Nov. 28, 1 - 4 pm. Dec. 12, 10 am - 1 pm.

When you register remember to bring:

- Photo ID for each adult (19 yrs +)
- Proof of residency
- Care Cards for minor children

250.248.2093 ext. 229 | coordinator@sosd69.com | www.sosd69.com

AFTER SCHOOL YOGA

Join Melanie Beech for an uplifting yoga session.
Not sure? Try the first 2 classes for free!

12-18 years

Ballenas Secondary Room 801

Tuesdays 3:30-4:30pm

10910 Oct 1—Nov 19

Instructor: Melanie Beech

\$35/ 8 sessions



Register at rdn.bc.ca/recreation

Ravensong Aquatic Centre
737 Jones St, Qualicum Beach
250-752-5014

Oceanside Place Arena
830 W Island Hwy, Parksville
250-248-3252

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BRONZE CROSS

Learn advanced life saving skills.

13 yrs+

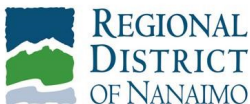
\$149/5

Ravensong Aquatic Centre
Sunday 12:00 - 5:00 PM
10785 Nov 17 to Dec 15

Pre-requisite: Bronze Medallion
Course requires 100% attendance.



Photo taken during Lifeguard Training



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HALLOWEEN HOWL SWIM



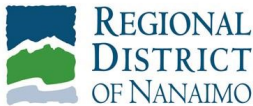
Ravensong Aquatic Centre

October 28, Wednesday
6:30-8:00pm

Everyone Welcome

Regular admission

RAVENSONG AQUATIC CENTRE IS OPEN OCTOBER 31ST FOR TRICK OR TREATERS



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FREE SKATE LESSONS FOR YOUTH 13-18

Learn to stop without using the boards.

Mondays, 4:00-5:00pm

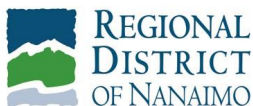
Sep 30-Oct 28

Nov 4-Dec 2

Jan 13-Feb 3

Feb 10-Mar 9

**FREE with pre-registration.
Space is limited.**



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11-14yrs

BABYSITTERS CERTIFICATION

Get trained. Get hired.

Courses offered:

Nov 3, Dec 1, Jan 18,

Feb 23, Mar 8

Sundays

9:00 am-4:00 pm

Qualicum Commons

\$49 Fee includes manual



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CANVAS ART

Join local artist Jenny Hughes to create a fantastic acrylic painting.

Nov 7 Fun in the Jungle 7-11yrs

Dec 12 Ocean Sunset 11-15 yrs

Thursday 4:00 - 5:30 pm
\$25/ 1 session

Oceanside Art Studio
124 Harlech Road, Qualicum Beach

*includes all supplies . No experience
necessary. Great for beginners.



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